



“Let not your heart be troubled: ye believe in God, believe also in me.” John 14:1

Jesus said, “Let not your heart be troubled.” Is your heart troubled today? Are you being pressured, distracted, or distressed by circumstances that you have no control over? Some are on the brink of exploding because they have no way of intervening in a situation that has gotten out of control. Not only are adults feeling this, but children also are feeling the pain of distress. A teacher told my husband that during recess, they let the children scream in the school playground, for many are distressed at home. Children, like adults, have questions as to why things are the way they are. The importance of knowledge and understanding is the key to life. Understanding the word of God, the testimonies that are in the word. Understanding His voice in the word is to bring comfort to our hearts when we are pressured by the things that are happening around us.

Trouble and anguish have taken hold on
me: yet thy commandments are my delights. The
righteousness of thy testimonies is everlasting:
give me understanding, and I shall live. Psalms
119:143-144

Has trouble and anguish taken hold of you? Look to the word and believe in God and Jesus. As a child, I memorized the Ten Commandments. After reciting the commandments in Sunday school, I was given a Bible. I was 9 years old. I slept with that Bible under my pillow. I knew it



was a precious gift, but I did not understand it. I believe in God, but I did not know who Jesus was. I needed comfort and love. Have you ever felt out of place, like you do not belong in the place you are in at the moment? When I moved to Perth, Western Australia, I felt that I had come home. Although I didn't have any relatives there, it was an act of charity.

"Charity *embraces* all acts that contribute to human welfare," as the Merriam-Webster dictionary stated. This is what Jesus meant when He said, "to love one another," in John 13:34. The act of love is a sacrifice that many do not give of themselves because they have not witnessed it in their own life.

Yet, here in John chapter 14, Jesus states, "In my Father's house are many mansions: if *it were not so*, I would have told you. I go to prepare a place for you." I have been in many houses and have seen the different styles and layouts of homes. I wondered what kind of mansion Jesus was preparing for me. Could trouble change what I believe in and vice versa? Who do we go to for help? Do we not pray to God for help? Jesus goes out of his way to convey that He is the way, the truth, and the life. No one can come to the Father God but through Jesus. Why? Because Jesus is the act of love, the final sacrifice for all humanity. Jesus is the one who will receive us, just where we are, in any moment in time. Jesus has an intimate relationship with the Father.

"Believest thou not that I am in the Father, and the Father in me? the words that I speak unto you I speak not of myself: but the Father that dwelleth in me, he doeth the works." John 14:10

If you believe in God, can you believe in Jesus? Can you believe that the Father is in Jesus? If not, believe in the works, the miracles of healing, and the unexplained things that have happened in your life. That saving grace of God in protecting you before He comes to receive you. You must know him before your own death. Before you go to the place prepared for you.



Our hearts are not to be troubled when Jesus has provided the way to truth and life. The Father is doing the work, states Jesus. Jesus exclaims, “Believe me that I am in the Father, and the Father in me,” [see John 14:11]. Relationship and obedience go hand in hand, for Jesus spoke the words of the Father in obedience. Believing in someone is a relationship. A relationship is being connected.

Jesus wanted his disciples to be connected with him and the Father. Therefore, he gave the promise of the Holy Spirit as a comforter. The Holy Spirit is the consoler, helper, and the Spirit of truth to the believer’s ignorance.

“And I will pray the Father, and he shall give you another Comforter, that he may abide with you for ever;” John 14:16

The Comforter, the Holy Spirit, is to abide with us forever. Jesus prayed to the Father for this to happen. This was not only for the disciples in Christ, but for all believers in the body, the church of Christ. A relationship is a connection with God through Christ. This is the ministry of reconciliation, as Paul stated in 2 Corinthians 5:18, “And all things *are* of God, who hath reconciled us to himself by Jesus Christ, and hath given to us the ministry of reconciliation.” God was in Christ, reconciling the world unto himself. This is the truth of Christ within the believer who believes in Christ as the Son of God. Our hearts need not be troubled when we have a relationship with God through Christ. When we are reconciled to God and are connected to him through the Holy Spirit. We can pray and ask anything in Jesus’ name and He will do it, so the Father may be glorified in the Son [see John 14:13].

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