



“The Lord is my helper, and I will not fear what man shall do unto me.” Hebrews 13:6

Is the Lord your helper? A helper is a person who helps someone else. Can we really say that the Lord is my helper? Can we live out our Christian Walk and say the Lord is my helper? There are times that we can truly say the Lord is my helper, yet there are other times where we fall short on relying totally on the Lord as our helper. In chapter thirteen of Hebrews, the first nine verses speak to the fact that “Jesus Christ is the same yesterday, today, and forever,” [see verse 8 of Hebrews chapter 13]. Sometimes our confession or what we say is not always true. The spirit convicted me that my heart was not pure. Not all Christians are concerned about having a pure heart, but our Lord looks into our heart to see where we stand in our character. Is our character in the image of Christ? The Lord will refine us and mold us into His image and not what we believe we should be.

Each of us have situations in life that test our character of who we are, whether it is in Christ or in our own self-will. Are we daily checking on what we say and do? Do we examine ourselves to see if we are standing in faith and believing that the Lord is our helper? Take a look at the following scripture:

“Examine yourselves, whether ye be in the faith; prove your own selves. Know ye not your own selves, how that Jesus Christ is in you, except ye



be reprobates?” 2 Corinthians 13:5

Have you examined yourselves today to see if you are in the faith of Jesus Christ? Do not deceive yourself and eat with offense. “Whatsoever is not of faith is sin,” [see Romans 14:23]. We may have failed the test of being a disciple of Christ. We may not of heed the word of Christ by maturing and growing in our walk as a Christian. A disciple of Christ simply means one that follows, believes in, and helps in sharing what Christ taught. We must remember that sin is close at the door of decision and Christ freed us from the power of sin. To surrender all to God in faith is to become a new creation in Christ Jesus. Our manner of life should be without covetousness. Look at verse 5 of Hebrews chapter Thirteen.

“Let your conversation be without covetousness; and be content with such things as ye have: for he hath said, I will never leave thee, nor forsake thee.” Hebrews 13:5

What about your conversations in regard to covetousness. Are you content with what you have? Are you thankful for what you have? It could be that the Lord is testing to see if your desires are taking over to be envious at what another person has. That new house, car, job, or clothing item has become the object of your desire over Christ. This desire of wanting something has compromise your position in Christ. In the world we see advertisements galore to obtain some new thing and we are willing to borrow money to obtain it because we believe we deserve to have it. By doing this we become servants to the item and also servants to the lender instead of a servant to the Lord. We need to be careful in our decisions we make before we buy anything.



God does not want you to go into debt. Knowing His will, you will know that “Whatsoever ye do, do all to the glory of God,” [see 1 Corinthians 10:31].

Be content with what you have and have the peace of God within your heart, for he will never leave you or forsake you. This is the very reason why we can say with confidence that the Lord is my helper, [see verse 6 of Hebrews chapter 13]. To be in the image of Christ is to have brotherly love for each other and remember to entertain strangers, to visit the sick, to visit those who are in prison, and those who suffer adversity since we are also in the body of Christ, [see verse 3 of Hebrews chapter 13]. Our self-will can bring an attitude of ungratefulness, never being satisfied, and always envious of others. Those who suffer within the body we should pray for and help each other in brotherly love since they are our brothers and sisters in the Lord.

The world revolves around those who are ungrateful, and they seem to not be able to empathize with other people’s sufferings or needs. This is the opposite of what Christ would do and that is being a servant to others. We must always consider a person’s behavior and how it can affect our own behavior. Being honest with that person is the key to helping each other. However, it does not always end up as a peaceful resolution. It may take time to recognize the value of what others bring to the body of Christ. Some begin to justify all what they do by complaining about everything. We must not make a hypocritical display of virtue, but rather live as thankful children of God, “redeeming the time, because the days are evil,” [see Ephesians 5:16]. Listen to the following scripture:

“That ye may be blameless and harmless, the sons of God, without rebuke, in the midst of a crooked and perverse nation, among whom ye shine as lights in the world;” Philippians 2:14-15



That you may be blameless without rebuke in the midst of a crooked and perverse nation. We are to shine as lights in the world and exclaim that the Lord is my Helper. Let us endeavor to take all things before the Lord in prayer. Let us crucify our own self-will to being a servant in the Lord. Let us ask the Lord to reveal our weaknesses in order to place them at the feet of Jesus. Through Christ we have died to our own self-will in order that we may live in Christ through the power of the Holy Spirit. He is Lord over all we do. Let us walk as true servants of the Lord, then we can boldly say” the Lord is my helper.”

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