



“For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places.”

Ephesians 6:12

“We wrestle not against flesh and blood,” said the apostle, Paul. Yet, at times tempers flare up to where believers are at war with one another, and it becomes physical. Fighting over parking places, over food, and even clothing. Politeness and respect have gone out the door. Darkness seems to grow around our surroundings. The news hour is full of those who hate others, killings, and theft. Some are even rejoicing over what is happening. These actions are of the children of disobedience [see Ephesians 2:2]. These are those who are fulfilling the desires of the flesh and of the mind.

The inner life of a believer is to walk worthy before the Lord and men. In Chapter six of Ephesians, Paul is addressing the warrior’s armor for the believer. Paul states the following.

“Put on the whole armour of God, that ye may be able to stand against the wiles of the devil.”

Ephesians 6:11

We need to heed the scripture and put on the armour of God and pray to stand against the



wiles of the devil. Wiles meaning to entice, deceive, and manipulate into doing something that is not right before God. We are to walk honestly, not in strife and envying. We are to put on the whole armor of God as is stated in Ephesians chapter six in order to withstand the evil that is happening every day.

We are to carry with us the truth of the Gospel. The breastplate of righteousness, which we have in Christ. Our feet shod for the preparation of the gospel of peace. Christ is our peace.

“Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid.”

John 14:27

Jesus said let not your heart be troubled or afraid.

“Then they cried unto the LORD in their trouble, and he saved them out of their distresses.”

Psalms 107:13

It is the shield of faith that will bring us through our distresses and God will deliver us from destructions [see verse 20 of Psalms 107].

Faith in Christ Jesus is our shield. This is how we quench all the fiery darts of the wicked. We
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have the helmet of salvation, which is our protective covering from harm, and the sword of the Spirit, which is the word of God. We stand strong in the Lord when we read the word of God every day and meditate on its meaning. This is how we are sanctified. Jesus said, “the light of the body is the eye,” [Luke 11:35]. If your eye is single, it is full light and not darkness. We are to take heed what our own eye sees.

“Take heed therefore that the light which is in thee be not darkness.” Luke 11:35

Make sure that you yourself are not drawn to darkness. Stand firm in the foundation of the Lord. We wrestle against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high *places*. Our resource is the word of God and prayer. We rebuke the evil spirits at work and cast down every imagination that exalted itself against the knowledge of God, [see 2 Corinthians 10:5].

“Praying always with all prayer and supplication in the Spirit, and watching thereunto with all perseverance and supplication for all saints; Ephesians 6:18

We pray in the Spirit and watch with perseverance God’s intervention. We give thanks to the Lord always for His protective care.



Listen to Pilgrims Journey taken from Ephesians chapter six or visit Inge Schultz Music and read the post about it.

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